



Invitation, Registration and Information for the EFCF Creative Youth Exchange 2024

Dear Participants,

the German team is happy to welcome you to the 8. EFCF Creative Youth Exchange at our cityfarm and playground "Bauspielfarm Recklinghausen". We are ready for a great time together, so let's have a look at the necessary information and get the paperwork done;-)

When?

The exchange will take place between the 12th and the 18th of August. First and last day are travel days so every team could come and leave at different times, depending on transportation and traffic. Official opening event will be in the evening of the 12th of August whenever everybody is there.

Where?

Bauspielfarm Recklinghausen

Lülfstr. 69
45665 Recklinghausen
+49 (0) 2361 83848
sandra.linnenbach@bauspielfarm-re.de
www.bauspielfarm-re.de



Who's coming?

In total, we will be around 60 young people from 5 different countries to come together for one week.

The countries that are taking part in the exchange are: Belgium (3 Groups), Germany, Norway, Turkey and Ireland. The young people are aged between 13 and 30 years old (the most of you are 13-17 years old).

How?

This years exchange will be a camp, so we will sleep in tents. We organized big tents that are usually used by scout-groups. Cooking will take place in our farmkitchen and is done by the participants.

We will build choregroups (nations mixed) who will get different jobs (services) every day. Chores include: Dishes, cleaning, cooking, dokumentation (pictures and artikles), preparing firewood and getting fruit and veggies from the local supermarket (foodrescue).



Price?

The total cost for the exchange is 50,- Euro (incl. food, accomodation and trips) per person for the whole time. Travelcost, pocketmoney or local cost in your country is not included.

What will be happening?



The main project of the week is to share creative workshops of our different farms to the other participants. Each group brings one or more creative workshops and will explain and realise it with the others at the youth exchange. Examples of workshops are: firetechniques, dancing, bread baking and many more. The goal is to exchange ideas for actions or projects that everybody could offer on their farms back home.

Also there will be trips to places around, a cooking contest, a disco evening, different games and an evening where all the groups present what they do in their home farm. Bring

bathingclothes as we have a waterfontain on the farm and also a natural swimmingpool next door.

Please prepare workshops and your entry into the cooking contest and send us details of what you need and which things you need (materials, ingredients, tools, pots and pans, maximum participants, and so on). Each group is asked to prepare for some little groupgames that we can play with everybody in between the meetings. For the cooking-contest you should plan on something typically from your farm, country or local area. Winning categories are: taste, looks, sustainability issues, presentation (a song, poem, dance, warcy or whatever to present your dish). Each group is cooking one meal in this week, this can be breakfast, lunch, dinner or teatime. It's your decision.



What about sustainability?

Our camp will always have a focus on sustainability. Because of this we planned on some special actions:

Food rescue - We will try to find as much fruit and veggies that wouldt normally be thrown away (for example because 1 fruit in a pack is bad) out of the „food sharing“ system. We sort out what is still good and use it.

Veggie Food - The food this week will be mostly vegetarian and or vegan. This is specially because the huge ecological footprint that meatproduction makes. For



outside meals and the cooking contest this is optional, but keep in mind that we will judge on "sustainability" of your typical meal. This includes the ecological footprint of the ingredients (like meat or exotic fruits). Maybe you want to try out something new with readapting a typical dish in a more sustainable way.

Natural Ressources - As you know the vast amounts of plastic we use is a big problem to the world we live in. Because of that reason we want to use as much natural materials as possible in the workshops and also try to cut on plastic bags.

What about rules?

Please note that any drugs including alcohol are forbidden for all participants while the Youth Exchange.

Smoking is forbidden on the grounds of the City Farm, but there is a place to sit outside for those who are of legal age and that need to smoke.

Big noise (music, screaming, and so on) should be avoided after 22 pm (except for the Disconight).

Services						
	Sun	Mon	Tue	Wed	Thu	Fri
Food						
Food saving						
Cleaning						
Documentation						
Dish washer						

What to bring?

End of July is usually a sunny and warm period (around 20 - 30c°), but it could also be rainy so summer clothing, warm sweaters, raincoats, good shoes for walking, t-shirts and sandals are adequate. We are camping and working outside, so most clothes should be fitting for rough outdoor use.

Apart from your toothbrush, and the usual stuff you might need the following equipment:



- A Daypack (bag, backpack, messengerbag or alike) for the excursions
- An extra towel for swimming and your swimwear
- Sleepingbag
- Sleeping mat (thermo mat, thermarest, o. a.)
- Torchlight
- Pocketmoney (spending money) -
- not more than 100,- Euro please !
- Important documents to have with you:

Identity card, European assurance card, student card (if you have one), parental autorisation for leaving your country (might be nessesary, check local rules with your teamleader)

Questions left?

We (the Bauspielfarm Team and Youth) are very happy to help you with any question or special need. Please don't hesitate to ask us!

sandralinnenbach@web.de

We are looking forward to a great adventure with YOU this summer!



Registration Form for the 2024 EFCF Creative Youth Exchange

Personal Data

Name:

First Name:

Street / Nr.:

Postal Code: City:

Country: Birthday/Year (DD.MM.YYYY):

Tel.: Email:

Organisation (City Farm):

Further Information

Allergies and or medical needs:

Foodpreferences:

Other special needs:

Choose 1 Song (Title/artist) that you want to listen to at the Exchange's Disco Evening.
Everybody's wishes (if we can find it on Spotify) will be played on a big playlist:

I/we agree that any pictures taken from the participants can be used in our closed facebook-group. Furthermore the Bauspielfarm Recklinghausen can use all pictures for print/and online documentation and presswork. Also pictures can be part of the documentation for the financing institutions of Kinder- und Jugendplan des Bundes and other funding institutions.
This is an optional field, but please note that the dokumentation of this Exchange is directly linked to the funding. Also Presswork is very important for us, so we will be funded for projects like this in the future too. All participants have acces to the pictures that we will keep and can ask us to delete or blur pictures (of them) that they dont want to be publicated. We will not merge names or other personal info with the persons visible on pictures.

(not optional!) I/we agree that the above data is beeing kept and electronicly processed by staff of the Bauspielfarm Recklinghausen and the financing institutions of **Kinder- und Jugendplan des Bundes** and **Erasmus+** for documentation.

Please sign this form. Participants under 18 also need the Signature of thier parents/legal guardian.

Participant

Legal Guardian